



PennState Health

# INCLUSION ACADEMY



The Penn State Health Inclusion Academy offers educational opportunities on aspects of diversity, including race, culture, ethnicity, background, experiences, religion, intergeneration, sexual orientation, gender identity and disability. Each Inclusion Academy series features lectures, workshops and educational initiatives led by subject-matter experts. Many sessions offer continuing medical education (CME) and Pennsylvania State Nurses Association (PSNA) credits.

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## Culturally Responsive Care

Inclusion Academy – Culturally Responsive Care sessions focus on helping you understand the cultural norms and expectations of diverse populations. These one-hour presentations will equip you with the skills necessary to deliver culturally responsive care while expanding your clinical knowledge and practices to improve health outcomes for diverse patients. The sessions focus on cultural, social and economic differences that can affect the health care of diverse populations.

### Sessions:

- Maternal health disparities and reproductive health inequities
- Rural health disparities: causes and consequences of rural health inequities
- Immigrant and refugee health: implications of culture and language in building inclusive health care practices
- Trauma-informed care and its role in offering culturally responsive care and addressing mental health inequities
- Healthy People 2030, health literacy and culturally responsive care
- Racial and ethnic health disparities: ways to address it individually and collectively
- Community health and the role it plays in building access and culturally responsive care
- Integration of culture, beliefs and accessibility in building inclusive health care practices
- Mental health inequities: the intersection of diversity in addressing mental, intellectual and developmental disabilities
- Poverty and health disparities: the impact of socioeconomic differences in health
- Sexual and gender health disparities

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To register for events, [click here](#) or visit [bit.ly/Inclusion-Academy](https://bit.ly/Inclusion-Academy)

For more information, call 717-531-1012, email [InclusionAcademy@pennstatehealth.psu.edu](mailto:InclusionAcademy@pennstatehealth.psu.edu)

## Inclusive Health Care: Connecting with Diverse Patients

These 15-minute, TED Talk-style online education videos are designed to help you provide culturally responsive care to diverse patients. You'll learn to identify the cultural, religious or spiritual beliefs and practices at the end of life and explore the implications of diverse cultures, faiths and creeds in delivering inclusive care. The sessions also cover essential health care competencies to create an excellent patient care environment and a respectful, inclusive workplace for patients and staff.

### Sessions:

- Civility and cultural differences and their implication in health care
- Restorative justice in providing culturally and equitable health care
- Disability and health care access
- Serving immigrant and refugee patients: who they are and why knowing that matters
- Serving Amish and Indigenous/Native American patients
- Health care cultural integration: intertwining medicine, customs, traditions and creeds
- Cultural differences in serving autistic patients
- Effective communication and patient satisfaction
- Religious differences and health care considerations
- Veterans and health care access challenges
- Gender differences and affirming care challenges

## Experiential Learning

These sessions complement the Inclusion Academy's commitment to excellent patient care and a respectful, inclusive workplace. The one-hour, TED Talk-style sessions offer a more in-depth look at the topics listed above under "Connecting with Diverse Patients." The sessions explore the impact of diverse cultures, faiths and creeds on culturally responsive care. They also highlight best practices in serving diverse patients. Sessions are offered at **7 a.m. and 3:30 p.m.**

## On-Demand Inclusion Academy Education

These one-hour, virtual educational sessions will help you create a more respectful, inclusive and culturally responsive health care environment for both patients and staff. They offer case studies to support your learning.

### Sessions:

- Addressing bias and unconscious bias to create a respectful and bias-free workplace
- LGBTQ+-inclusive patient care environment
- Unconscious bias in patient care education
- Disability and accessibility: assets in creating an inclusive patient care environment
- Overview of diversity and inclusion principles to support Penn State Health's mission
- Impact of cultural differences on patient care
- Patient bias prevention education
- Microaggressions and their impact on health care
- Racism in health care: opportunities in building health equity
- DEI and culturally responsive care principles

The Office for Diversity, Equity and Inclusion established the Inclusion Academy in 2016 in alignment with the health system's mission and vision and its RITE values (Respect, Integrity, Teamwork and Excellence).

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